



Sanctuary
Nature's Spa
Peace.Is.Here

I combine the power of touch with doTERRA essential oils to provide a soothing, natural, healing experience for mind, body and soul.

Your treatment is customized with the use of the iTOVi scanner and dōTERRA essential oils. This sets The Sanctuary apart from your typical spa.





## The Experience

Let peace wash over you when you come to the tranquil setting of The Sanctuary.

Nothing makes me happier than seeing a woman visibly relax, and her breathing becoming slow, steady and deep. She may even fall asleep during her session.

The Sanctuary is a quiet get away to refresh and renew your mind, body and spirit. Much more than a massage...it is an experience.

Plan to stay for a bit. Journal, meditate, walk, or simply sit among the sounds of the creek, birds and trees.



Nurture your mind, body and soul. A place to release, reflect, and heal.

## Contact

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See Website for Monthly Offerings, Classes and Seasonal Women's Retreats/Events.